





8. Local Research

March 2019



Introduction to the Oxfordshire Joint Strategic Needs Assessment: Health and Wellbeing facts and figures

 The Oxfordshire Joint Strategic Needs Assessment identifies the current and future health and wellbeing needs of our local population.

 The annual JSNA report is provided to the Oxfordshire Health and Wellbeing Board and underpins the Health and Wellbeing strategy


 Other JSNA resources include:

[Public Health Dashboards](#)

[Health Needs Assessments](#)

[Community Health and Wellbeing Profiles](#)

[JSNA Bitesize](#)

 This section is Chapter 8 of the 2019 update

Chapter 1: Summary

Chapter 2: Population overview

Chapter 3: Population groups

Chapter 4: Wider determinants of health

Chapter 5: Causes of death and health conditions

Chapter 6: Lifestyles

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Chapter 8: Local Research CONTENTS

This chapter of the 2019 JSNA provides an overview of research carried out by organisations in Oxfordshire of relevance to the topics covered by the Joint Strategic Needs Assessment

These reports were gathered following the “call for evidence” for the 2019 JSNA.

[Oxfordshire Sport and Physical Activity Needs Analysis 2018](#)

[Older family carers of people with a learning disability in Oxfordshire 2017](#)

[State of Nature in Oxfordshire 2017](#)

[Boat Dwellers Accommodation Needs Assessment 2018](#)

[Mapping food outlets in regeneration neighbourhoods 2015](#)

Recent reports by Healthwatch Oxfordshire:

[Rose Hill Primary School Healthy Eating Consultation Report 2018](#)

[Men’s Health 2018](#)

[Who supports Young Carers in Oxfordshire? 2019](#)

[Barriers to health and social care services faced by people on low incomes in Oxford 2018](#)

[Other reports by Healthwatch Oxfordshire](#)

Oxfordshire Sport and Physical Activity Needs Analysis 2018

- Summary of evidence on sport and physical activity.
- The demographic breakdown of participation data demonstrates there are clear differences in physical activity according to gender, age, disability and socio-economic status. Within Oxfordshire, the following groups have been identified as having lower levels of physical activity:
 - Females
 - Older adults
 - People with a limiting illness or disability
 - People on a lower income



Oxfordshire - Physical Activity and Sport Insight Pack 2018

Ed Nicholas
October 2018

Older family carers of people with a learning disability in Oxfordshire 2017

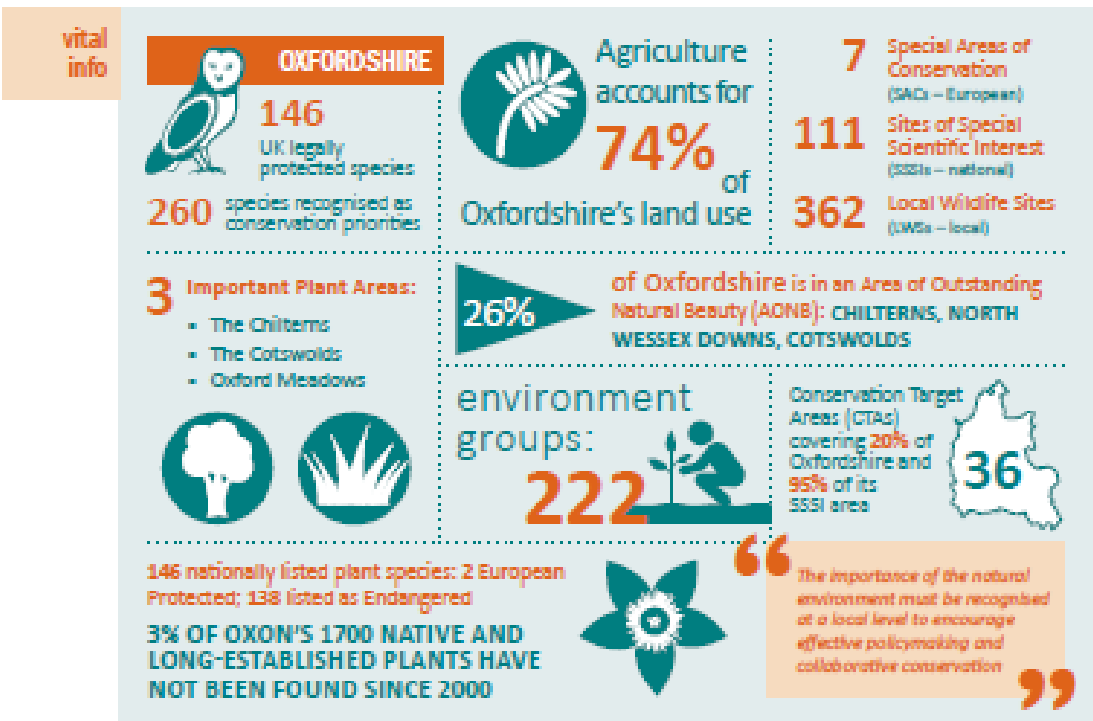
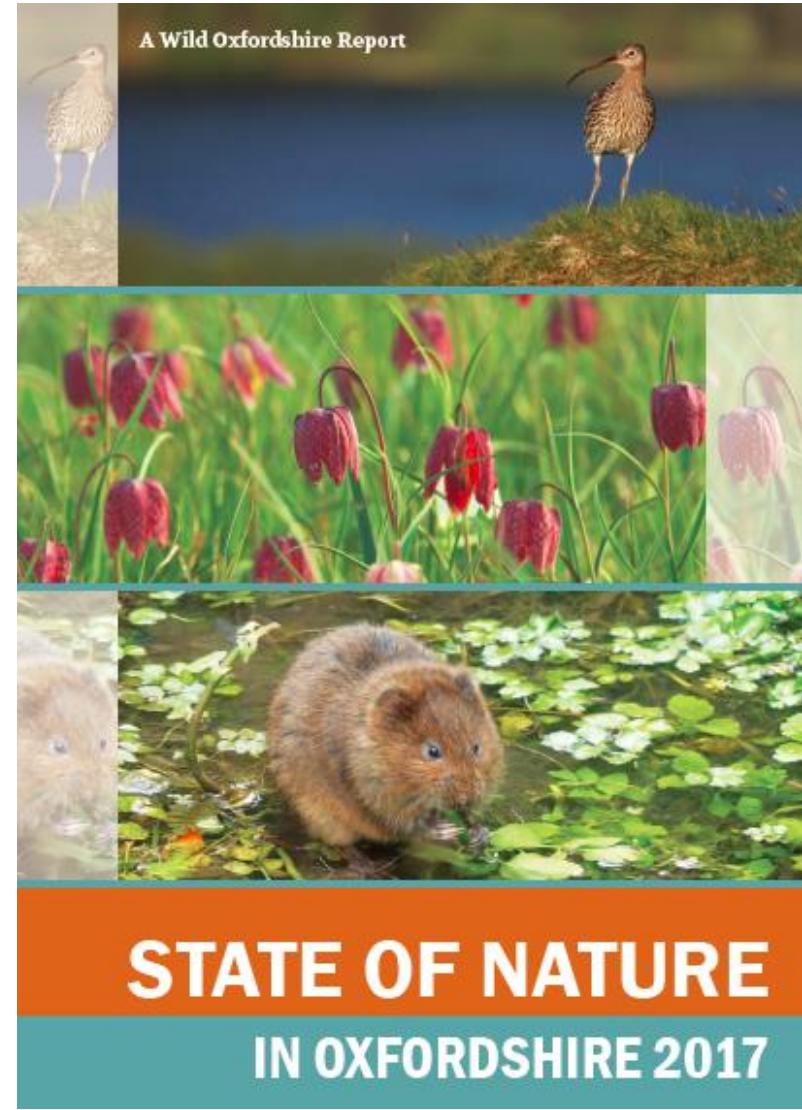
- Sets out methodology used to estimate that just under 3,000 older carers aged 65+ living in Oxfordshire are caring for a family member or relative with a learning disability in their own home.



The number of older family carers of people with a learning disability in Oxfordshire



State of Nature in Oxfordshire 2017

📌 Looks at five broad habitat categories that encompass the full diversity of habitats found across the county. Includes the current and historic extent and condition of specific habitat types, and recent changes and trends for characteristic species.







Source: <https://www.wildoxfordshire.org.uk/stateofnature/reports/>

Boat Dwellers Accommodation Needs Assessment 2018

-  Assessment to quantify the accommodation and housing related support needs of boat dwellers in Oxford. Both permanent residential and temporary moorings for boat dwellers.
-  Included a review of secondary information and consultation with key stakeholders including housing and planning officers, boat yard owners and managers, the National Bargee Travellers Association and face-to-face surveys of boat dwellers.

Findings

-  According to stakeholders, a lack of affordable housing in Oxford means that homeless people or people with mental health or substance misuse issues are more likely to seek alternative accommodation on Oxford's waterways.
-  The conditions of boats such boat dwellers are residing on is frequently very poor and unfit for human habitation.
-  The location of such boats means that occupiers are less likely to access help and support services.
-  Boat dwellers may find it difficult to register with a GP or to find employment when they have to frequently move.

Oxford Boat Dwellers Accommodation Needs Assessment

Final Report
July 2018

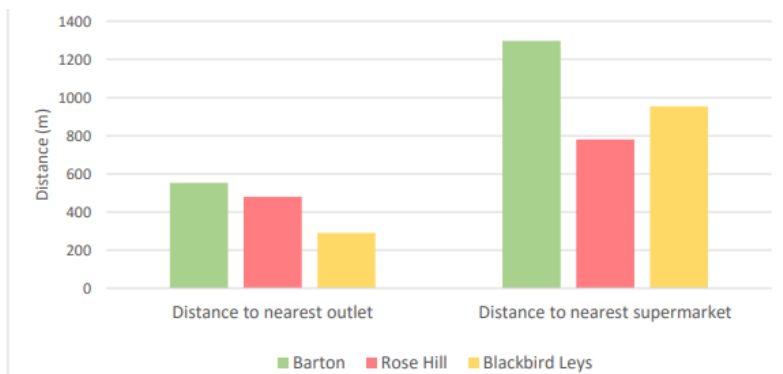
RRR Consultancy Ltd



Mapping food outlets in regeneration neighbourhoods 2015

This 2015 project produced an interactive map of food outlets concentrated around 3 wards in Oxford on behalf of Good Food Oxford and its collaborators to inform the development of new provisions.

Within the three wards, nearest fruit and vegetable retailer was usually small convenience store where cost of fruit and vegetables was significantly higher than large supermarkets. Chart below shows the average location within each ward tended to be over double distance to larger supermarkets where cheaper produce was available.



Good Food Oxford – Oxford Student Consultancy Report

Mapping project of food outlets in Rose Hill, Blackbird Leys and Barton



Dan Bright, Tai Kah Hong, Arthur Yeung, James Walker

Average distances to outlets offering fresh fruit and vegetables (n = 10)

Recent reports published by Healthwatch Oxfordshire

Rose Hill Primary School Healthy Eating Consultation Report 2018



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Your voice on health and social care

Rose Hill Primary School

Healthy Eating Consultation:

"I can get 6 cakes for 20p, or 6 apples for £1.69"

- Highlights the role a Healthy Schools Coordinator can play in creating a focus on healthy eating and dental care at school and among parents/carers, such as by organising a Healthy Living week and setting up a tuck shop selling healthy snacks. Both proved very popular with children and many parents. The report points out that such a role requires dedicated funding.



Frances Hansford, Emma Hood and Caitlin Prentice

November 2018

Funded by Healthwatch Oxfordshire

Men's Health 2018

- 📌 The study in east Oxford by the football club East Oxford United, reached more than 300 men from over 22 different nationalities.
- 📌 Findings include:
 - Factors preventing men from accessing NHS health checks include shift work, long working hours, and family constraints.
 - Involving communities and working with local networks is key in understanding barriers to health and finding solutions
 - Men tend to use the GP as a source of information on health, closely followed by the internet, friends and family;
 - Men are keen to have more tailor-made, targeted information about a range of health issues, including diabetes, heart disease, mental ill health among other issues.



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Oxfordshire
Your voice on health and social care

Men's Health



Project Report. November 2018.

Who supports Young Carers in Oxfordshire? 2019

- The objective of this research by *Be Free Young Carers* was to assess the level of specialist support available to young carers living in Oxford City. Researching needs of young carers is difficult as many are “hidden”. Responses were received from 25 young carers, 8 schools, 6 parents/ family members.

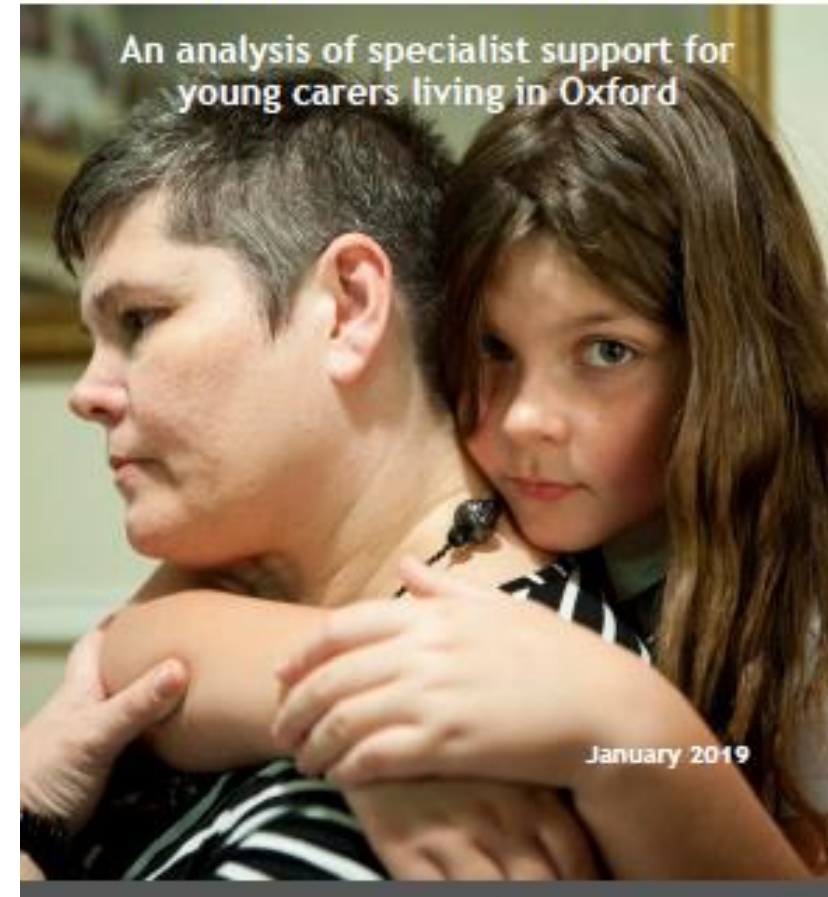
Findings (for Oxford):

- Identification of young carers by schools, and the extent of their role was not clearly known across the schools involved. Some schools were reliant on estimates to locate young carers, whereas others were unclear how many young carers attended their school;
- Young carers and families consistently said that there was no specialist support available to them in the city beyond the statutory service provided by the Oxfordshire County Council Young Carers Team;
- Responses identified a clear need for specialist support for young carers in the city, particularly for social activities and a chance to meet with other young carers;
- Whilst there was good practice for young carer support in some schools, others were struggling to resource support for young carers in school. This impacted on their ability to identify young carers but also to provide support in school;
- There were good examples of support for young carers at both primary and academy level. Sharing this good practice would be of wider benefit. There was limited evidence of clear routes for enabling this to happen.

Source: <https://healthwatchoxfordshire.co.uk/the-project-fund-reports/>



Who Supports Young Carers in Oxford?



Barriers to health and social care services faced by people on low incomes in Oxford 2018

- Report based on questionnaire responses from 206 Citizens Advice clients and 14 in-depth interviews with people who indicated a poor experience of health services.
- Findings “indicate that people who are vulnerable and on low incomes are struggling to access a ‘one size fits all’ service. However, many of the barriers to positive experiences of care raised by participants are not exclusive to those on low incomes. Addressing the causes of these poor experiences are therefore likely to improve satisfaction with NHS services as a whole not only for those in these groups.”

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Your voice on health and social care

Barriers to health and social care services faced by people on low incomes in Oxford

Commissioned by Healthwatch Oxfordshire, written and researched by Citizens Advice Oxford

December 2018



Other reports by Healthwatch Oxfordshire



In addition to the reports highlighted in this section, Healthwatch Oxfordshire has published reports on..

- Places
 - Focus on OX4 2018
 - Wantage town report 2018
- Dentistry
 - Filling the gaps; dentistry in Oxfordshire 2018
 - Dental Services for Care Home Residents 2018
- Reports on service providers
 - report on Healthshare (MSK services) 2018
 - enter and view of care homes (various)

See [Healthwatch Oxfordshire reports](#)