

# CALDECOTT COMMUNITY INSIGHT PROJECT: MAY-JUNE 2022

## Annex 3 Research Questions

## One-to-one interviews

### Residents

**BOLD = core questions to cover in all 121s.** Italics = supplementaries if time/ individual interested.

- What do you value about Caldecott as a community?
- **What do you do, to keep healthy, mentally, physically, emotionally, and spiritually?**
- **What kinds of things are most challenging for you living in Caldecott that impact on health and wellbeing?** (*Not worrying about money; Job security; Good quality, affordable housing; Healthy and affordable food; Good local schools Adult education and training opportunities; Good, locally-available services; Access to the internet; Getting exercise (walking, cycling or playing sport)*)
- What local groups, services and organisations do you find particularly helpful or useful to your health and well-being.
- **What are the other local strengths and resources that support community health and wellbeing** (*such as community spirit, individual skills, passions, knowledge, green spaces etc.*)
- **What helps you and your family maintain healthy habits around food and eating, or what would help you do this?**
- **Do you think you and the local community would benefit from additional initiatives to support health and well-being?**
- **Would you be interested in joining with others (perhaps in a community group or project) to work on projects to support health and well-being?**
- **What do you think would encourage more local people to create or take part in health and wellbeing initiatives?**
- **What do you think have been the main impacts of the Covid-19 pandemic, either for you or for the community?**
- What are your observations about how the community itself supported people during the pandemic?
- What are your observations about how local services such as GPs, local councils and other outside agencies supported the community during the pandemic?
- What were your observations about: living in a household with other people and not being isolated; having the technology to remain connected to family and friends; remaining in employment; having access to green space/nature etc
- What lessons need to be learned from the pandemic, or what needs to be put in place, to ensure the community is better equipped to deal with the impacts next time round?

## Organisations active in Caldecott

- Name of organisation
- What is the main focus of your organisation's work?
- How many staff and/ or volunteers do you have available to work in Caldecott?
- Which projects, programmes, and initiatives focused on (or including) Caldecott has your organisations have been involved in (last 10 years)?
- In your experience, what works well in getting residents involved in projects and initiatives, and what doesn't (barriers to involvement)?
- In terms of the discussion and design of community-based projects and initiatives – what are the ingredients for success in the long term?
- What are the key challenges you face as a community-based organisation – what would help you solve them?
- Do you have any other observations about health and wellbeing in Caldecott and how it could be improved?

## Focus Groups

Process was semi-guided questions but **BOLD = core questions covered in all FGs:**

- What do you value about Caldecott as a community?
- **What do you do, to keep healthy, mentally, physically, emotionally, and spiritually?**
- **What kinds of things are most challenging for you living in Caldecott that impact on health and wellbeing?** (*Not worrying about money; Job security; Good quality, affordable housing; Healthy and affordable food; Good local schools Adult education and training opportunities; Good, locally-available services; Access to the internet; Getting exercise (walking, cycling or playing sport)*)
- What local groups, services and organisations do you find particularly helpful or useful to your health and well-being.
- **What are the other local strengths and resources that support community health and wellbeing** (*such as community spirit, individual skills, passions, knowledge, green spaces etc.*)
- **Do you think the local community would benefit from additional initiatives to support health and well-being?**
- **What do you think helps you/your family maintain healthy habits around food and eating, or what would help you?**
- **Thinking of people you know, do you think there would be interest in people joining with others (perhaps in a community group or project) to work on projects to support health and well-being?**
- **What do you think would encourage more local people to create or take part in health and wellbeing initiatives?**
- **From your conversations within your family and within the community, what do you think have been the main impacts of the Covid-19 pandemic?**
- What are your observations about how the community itself supported people during the pandemic?
- What are your observations about how local services such as GPs, local councils and other outside agencies supported the community during the pandemic?

- What were your observations about: living in a household with other people and not being isolated; having the technology to remain connected to family and friends; remaining in employment; having access to green space/nature etc
- What lessons need to be learned from the pandemic, or what needs to be put in place, to ensure the community is better equipped to deal with the impacts next time round?