



## Adult carers in Oxfordshire, survey findings 2018-19

This bitesize highlights findings from the national [Survey of Adult Carers in England, 2018-19](#) which takes place every other year. There was a total of 637 carer respondents in Oxfordshire, a random sample from 3,817 carers supported by Oxfordshire County Council as of October 2018.

**The latest 2018-19 survey of carers has found similar levels of satisfaction with services in Oxfordshire to England and Shire counties.**

- **69% of carers with support or services in Oxfordshire were satisfied\***, just below the England average of 69.9% and just above the average for Shire counties of 68.5%.
- 13% of carers in Oxfordshire were dissatisfied\* (compared with 14.4 in England) and the remaining 18% were neither satisfied nor dissatisfied.

**An above average and increasing proportion of carers in Oxfordshire reported feelings of stress and financial difficulties.**

- The proportion of carers in Oxfordshire who say that caring had caused them feelings of stress has increased from 58.7% in 2016-17 to **63.5% in 2018-19 (+4.8)**. Across England this increased from 58.7% to 60.6% (+1.9).
- The proportion of carers in Oxfordshire who say that caring had caused “some” or “a lot” of financial difficulties has increased from 44.8% in 2016-17 to **51.0% in 2018-19 (+6.2)**. Across England this increased from 45.6% to 46.6% (+1.0).

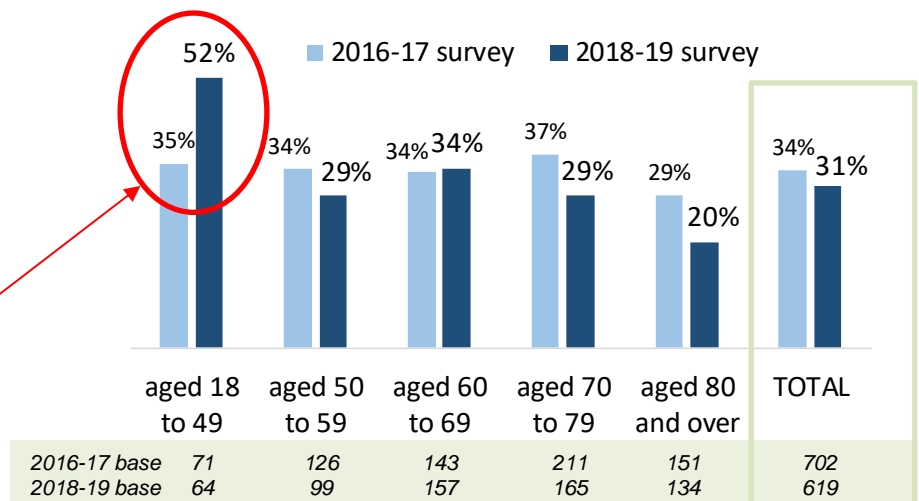
**Just under a third of carer respondents (31%) in Oxfordshire reported that they have had to see their own GP in the last 12 months because of their caring role, above the national average of 29%.**

The rate has fallen since the last survey, particularly in the upper age groups.

There appears to have been a large increase for carers aged 18 to 49 (from a small sample).

This may be an indication of younger carers in poorer health than the previous survey and/or an indication this age group are now more likely to seek support from their GP.

Percentage of carers in Oxfordshire survey who had to see own GP as a result of their caring role (Q14[h]) 2016-17 vs 2018-19



Source: Oxfordshire County Council analysis

\* extremely, very, quite (+XX) are percentage point differences

For more information see [Personal Social Services Survey of Adult Carers in England 2018-19](#)

We welcome your comments, please email [jsna@oxfordshire.gov.uk](mailto:jsna@oxfordshire.gov.uk)